

Every year, **International Women's Day** is celebrated on **March 8** to spread the message of gender equality and work together in making a better society where there is no gender bias. The day celebrates the achievements and contributions of the women and girls in different spheres. The day also spreads awareness about women's empowerment and gender parity.

To commemorate this, ICAR-Central Institute of Post-Harvest Engineering and Technology, Ludhiana celebrated 'International Women's Day' on 07.03.2023 due to holiday (Holi) on 8th March, 2023. Two women entrepreneurs Ms. Navnoor Kaur, Founder and CEO, Jaggerycane and Smt. Sarabjit Kaur, Owner, Soya+ were invited as the Guest speaker on this occasion. Both entrepreneurs shared their views about their experience of their journey as entrepreneur and motivated others to follow their dreams in different sphere of work in addition to housewife and make themselves socially and economically sound. They also presented their success journey through a video. They also thanked about the guidance and cooperation received from ICAR-CIPEHT, Ludhiana and other to support their entrepreneurship. All the regular and contractual staff attended this program. Dr. Manju Bala, Principal Scientist & Acting Head, FG&OP Division also expressed her views about women empowerment and digital innovations. Dr. Deepika Goswami, Chairperson also addressed the audience. Dr. Sandeep Maan, Acting Director expressed his views on different role & achievements and stressed on Gender equity in the society. The programme ended with the vote of thanks by Dr. Sunita Devi, Scientist. The programme was successfully coordinated by the Women Cell of the institute including Dr. Deepika Goswami, Dr. T. Sunita Devi, Mrs. Jasvir Kaur and Ms. Pragya Singh.



